

Playdough Recipe

This is a playdough recipe your children can follow independently (it might not come out perfectly but this allows exploration of how the mixture changes and what can be done to ensure it does – eventually – turn into playdough).

1. Get a bowl and a spoon.



2. Put in **8** tablespoons of flour.



3. Put in **1** teaspoon of cream of tartar.



4. Put in **4** tablespoons of salt.



5. Mix them altogether.

6. Now add **8** tablespoons of water.

This can be coloured water using food dye to make the playdough a different colour.



7. Mix it altogether until it feels like playdough.

Playdough Recipe – One to make together, this recipe is from Imagination Tree and works really well.

You need:

- 2 cups plain flour (all purpose)
- 2 tablespoons vegetable oil (baby oil and coconut oil work too)
- 1/2 cup salt
- 2 tablespoons cream of tartar
- 1 to 1.5 cups boiling water (adding in increments until it feels just right)
- gel food colouring (optional)
- A few drops glycerine (secret ingredient for stretch and shine!)

Method:

- Mix the flour, salt, cream of tartar and oil in a large mixing bowl
- Add food colouring TO the boiling water then into the dry ingredients
- Stir continuously until it becomes a sticky, combined dough
- Add the glycerine (optional)
- Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. * This is the most important part of the process, so keep at it until it's the perfect consistency!*
- If it remains a little sticky then add a touch more flour until just right

You can store this play dough in an air tight container for at least 6 months.

